

# VALLEY COMFORT NEWSLETTER

IT'S THE HOLIDAY SEASON! LAST MONTH WE CELEBRATED THANKSGIVING WITH OUR RESIDENTS. THEY FEASTED ON DELICIOUS THANKSGIVING FOOD AND ENJOYED EACH OTHER'S COMPANY. OUR RESIDENTS ALSO ENJOYED WATCHING THIS YEAR'S EDITION OF THE MACY'S THANKSGIVING DAY PARADE!

*IN ALL  
Things  
GIVE  
Thanks*





The holidays, although a time of cheer, can impact our residents by making them feel lonely, feel grief, feel like they are missing out. Here at Valley Comfort Care Home, we recognize that some may struggle more than others during the holidays ...

Celebrations during the holidays can benefit our residents in a very positive way. Holiday celebrations can boost the livelihood of our residents, bring back memories, encourage social interaction. Here at Valley Comfort, we enjoy celebrations and spending time with each other.





**WISHING ALL OUR VALLEY  
COMFORT FAMILIES A HAPPY  
HOLIDAY SEASON**

May your home be filled with the joy of the season. Merry Christmas!

During this holiday season, we would also like to introduce you to another of our dedicated caregivers, Stephanie Hidalgo. Here is a short illustration of who she is and what she aspires to be.



# Stephanie Hidalgo

## ABOUT ME

I'm **Stephanie Hidalgo** I'm **20 y/o**. I was born on **March 01, 2005**, **Brgy. Suyo, Dingras, Ilocos Norte**. My mother **Armida** is a housewife and my father **Alfredo** is a farmer, and I have a **8 sisters** and **1 brother**. I grew up in the Philippines where I learned strong values such as respect, generosity, and faith in God. These lessons shaped who I am today and continue to guide my decisions in life.

After i graduate high school, I moved to Hawaii on December 28, 2024 to explore new opportunities and continue building my dreams. Living here opened a new chapter for me full of growth, independence, and new beginnings.



## FAMILY



My family has always been my source of encouragement, motivating me to pursue my dreams while valuing the lessons learned at home. I am blessed with a loving and supportive family. They are my biggest motivation and the reason I strive to do my best every day. They inspire me to become the best version of myself. My family is my foundation, my strength, and my happiness. No matter where life takes us, I know that home will always be where my family is.



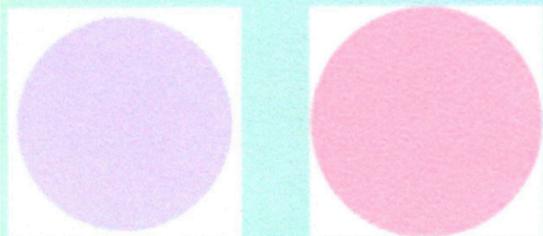
## HOBBIES

In my free time, I enjoys reading bible and listening to music. These activities allow me to grow personally relax.



Currently, I works as a nursing assistant(Care home), where I provides care, comfort, and support to patients. The residents participated in a fun bingo activity and everyone enjoyed the game. My work has taught me patience and empathy, as well as the importance of serving others with kindness. These experiences have strengthened my character and given me valuable life skills that i carries into every aspect of my life.

## FAV. COLOR



## CAREER/ GOAL

Despite my current, I dreams of continuing my studies in the Philippines as a future teacher someday, I want to guide students, help them learn new things, With dedication, passion, and the support of family, I believes that this dream will come true.



And also I would like to Thank you ate Reina and kuya Frits for opportunities to work at valley comfort care home. I'm grateful to have you both of you. And also Thank you for being not just a great leader, but also a wonderful mentor.